

Welcome to
SAINT GEORGE
ANTIOCHIAN ORTHODOX CHURCH

Parish of the Diocese of Los Angeles and
the West of The Antiochian Archdiocese
of New York and North America

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His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of all North America

V. Rev. Fr. Dr. Christopher Salamy, **Pastor**

V. Rev. Fr. Elias Ziton, **Emeritus**

Dr. Gregory Abdalah, **Pastoral Assistant**

Valerie Haddad, **Director of Ministry Growth & Development**

Tisha Rose, **Executive Assistant to the Pastor**

Rev. Dn. Raphael Abrahams

Rev. Dn. Serafim Grove

Rev. Dn. Basil Ritchie

Mark Sultani, **Parish Intern**

Third Sunday of Great Lent

Veneration of the Precious and Life-Giving Cross



Hey hey, Warrior Saints.

**Welcome to the Way of the Warrior Saint where we unleash great
by living a crucifixional life.**

Follow us on Instagram: @stgeorgephx. Like us on Facebook: StGeorgePHX. Listen to Sunday's sermon on YouTube: WarriorSaints.



Saint George Antiochian Orthodox Church

March 22, 2020

Message from **FATHER**

Please join St. George via Live Stream at:
facebook.com/warriorsaints and
YouTube.com/warriorsaints

PASCHA FLOWERS

It's that time of year for donating flowering pots to decorate our church at Pascha.
If you would like to make a donation, visit www.stgeorgeaz.org/pascha-flowers.
Forms are also available in the Narthex and should be returned to the office.
The DEADLINE for submission is Sunday, March 29th. Thank you!

Message from **SOYO**

Goodness, Gracious, Great Balls of Falafel! Join us on April 5th during
coffee hour for an exciting opportunity to purchase pre-mixed,
frozen balls of falafel and to support St. George SOYO!

Tone 7 **EOTHINON 7**

RESURRECTIONAL APOLYTIKION (TONE 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief;
Thou didst turn the sadness of the ointment-bearing women into joy.
And didst bid Thine Apostles proclaim a warning,
that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION FOR THE HOLY CROSS (TONE 1)

O Lord, save Thy people and bless Thine inheritance,
granting to Thy people victory over all their enemies,
and by the power of Thy Cross preserving Thy commonwealth.

APOLYTIKION OF ST. GEORGE (TONE 4)

As deliverer of captives and defender of the poor,
healer of the infirm, champion of kings,
victorious Great Martyr George intercede with
Christ our God for our souls' salvation.

KONTAKION FOR SUNDAYS IN GREAT LENT (TONE 8)

To thee, the Champion Leader, do I offer thanks of victory,
O Theotokos, thou who hast delivered me from terror;
but as thou that hast that power invincible,
O Theotokos, thou alone can set me free:
from all forms of danger free me and deliver me,
that I may cry unto thee: Hail, O Bride without bridegroom.

SELF DEFENSE CLINIC

FightingWorkz.com & St. George Self Defense Clinic
POSTPONED

PROKEIMENON:

O Lord, save Thy people and bless Thine inheritance.
To Thee, O Lord, have I cried, O my God.

THE EPISTLE

The Reading from the Epistle of St. Paul to the Hebrews. (4:14-5:6)

Brethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, “Thou art My Son, today I have begotten Thee”; as He says also in another place, “Thou art a priest forever, after the order of Melchizedek.”

THE GOSPEL

The reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, “If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel’s will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels.” And Jesus said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power.”

LIVING:

Fr. Phillip, Fr. Ted, Romy, Gloria, Don, Mary, Joshua, Peter, Philip, Richard,
Marwan, Moira, Mac, George, Sandy, Michael, Gary, Ray, Pam, Aziz.

To include an oblation in the bulletin, submit text to Tisha at office@stgeorgeaz.org before Wednesdays at noon. All oblations received in the office after the deadline will be included in the following Sunday’s bulletin. Church office hours are Monday - Friday, 9am - 1pm.